

Zoom Meetings macOS Keystrokes

TO DO THIS	KEYSTROKE
Basic Keystrokes	
Join meeting	Command + J
Start meeting	Command + Control + V
Schedule a meeting	Command + J
Prompt to end or leave meeting	Command + W
Audio/Video Controls	
Start/Stop video	Command + Shift + V
Mute/Unmute audio	Command + Shift + A
Mute audio for everyone except host	Command + Control + M
Unmute audio for everyone except host	Command + Control + U
Screen share via direct share	Command + Control + S
Start/Stop screen sharing	Command + Shift + S
Pause or resume screen sharing	Command + Shift + T
Recording the Meeting	
Start/Stop local recording	Command + Shift + R
Start/Stop cloud recording	Command + Shift + C
Pause/Resume recording	Command + Shift + P
Switch camera	Command + Shift + N
Control View	
View previous 25 participants in gallery	Control + P
View next 25 participants in the gallery	Control + N
Switch to active speaker view or gallery	Command + Shift + W
Display/Hide participants panel	Command + U
Display/Hide In-meeting chat panel	Command + Shift + H
Enter/Exit full screen	Command + Shift + F
Open invite window	Command + I
Switch tabs	Control + T
Show/Hide meeting controls	Control + Option + Command + H
Communicating with Others	
Raise/Lower hand	Option + Y
Gain remote control	Control + Shift + R
Stop remote control	Control + Shift + G
Prompt to end or leave meeting	Command + W
Push to talk (while muted)	Spacebar
Jump to chat with someone	Command + K



Developed through a partnership between Easterseals Crossroads and Bosma Enterprises